Support at Home

Being at home means lots of different things for people.  Here at Mainstay we want to make sure that if you need some assistance to make sure you can live at home independently that we can identify the best way to do this with you.

We will support you with everything you need to do at home from getting up in the morning to going to bed at the end of the day.

Living at Home with Family Members

If you live at home with family you might only be responsible for some parts of the house, for example you might need help with keeping your own room tidy, we can support you with doing this.  You might only need help with looking after the money you have to spend that day and we can support you with this.  If you need some support with personal care such as washing, dressing and generally looking nice for going out, our staff can do this with you too.  Our main aim will be to make sure that the staff member who is working with you is able to support you with the smallest detail at home and we hope that can make a big difference to you by helping your family as much as possible as well as giving you an opportunity to be independent at home.

Living on Your Own

If you live on your own then you will be responsible for looking after all your own money and making sure your house stays clean and tidy.  Our staff can support you with all managing household tasks and support you so that you have enough money to pay all your bills and still have enough to do nice things when you go out.  You might need help with getting ready every day and this can include all sorts of things, our staff can support you with all aspects of your personal care.

The most important thing for us when supporting you in your home is that you are able to get all the household tasks done there that need to be done whilst still having a good time.  If we are able to achieve this with you at home then you will have enough money and free time to get out and about to meet up with friends and do other activities that you enjoy away from home.